



OCTOBER

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DayBreak - An Adult Day Program 404 N. State Highway 67 Woodland Park, CO 80863 (719) 687-3000 www.daybreakadp.com					 All activities are subject to change with little or no notice	World Smile Day 1 2 Newsflash w/ Java Brandi & Cathy Happy Hr. Banjo w/ Ralph Haircuts w/ Rachel Tricks with Katee Hour
3	Nat'l Taco Day 4	5	German- American Day 6	7	8	9
	Newsflash w/ Java Move It or Lose It Manicure Monday Nurses in Army-Video Toe Tappin' Tunes w/ Beth Afternoon Card Games	Current Events Good Morning Stretches Ukulele Sing-Along 1pm Piano w/ Beth Never Have I Ever Whiteboard Games	Extra, Extra Read All About It Move It or Lose It Java Music Club Lovin' on Lincoln Virtual Tour-Germany	Good News Network 30 Min. Chair Exercises 10:30 Bingo w/ Sr. Center Chair Chi DayBreak Ringers Afternoon Movie & Popcorn	Breaking News Brandi & Cathy Hour Banjo Jamboree w/ Ralph Penny Ante Game Tricks with Katee Pattern Tiles	
10	Columbus Day 11	12	13	14	Nat'l Boss Day 15	16
	Good News network Morning Stretches Manicure Monday Columbus Day Trivia Toe Tappin' Tunes w/ Beth Afternoon Card Games	Daily Chronicle Move It or Lose It Java Music Club 1pm Ballads w/ Beth Penny Ante The 1 st Cowboy Trivia	Breaking News w/ Java Chair Chi Memories in the Making Lovin' on Lincoln Afternoon Card Games Music Bingo	Newsflash w/ Joni 30 Min. Chair Exercises 10:30 Bingo w/ Sr. Center 7 th Inning Stretch Ukulele Sing-Along Afternoon Board Game	Current Events Happy Hours w/ Brandi Banjo w/Ralph Beach Ball Fun Tricks with Katee	
17	Alaska Day 18	19	20	21	Nat'l Nut Day 22	23
	Breaking News w/ Joni 30 Min. Chair Exercises Manicure Monday Toe Tappin' Tunes w/ Beth Beach Ball Fun Afternoon Card Games	Current Events Chair Chi DayBreak Ringers 1pm Piano w/ Beth Maria's Place Activity Whiteboard Games	Newsflash w/ Joni Good Morning Stretches Ukulele Sing-Along Lovin' on Lincoln Afternoon Card Games Music Bingo	Good News Network 30 Min. Chair Exercises 10:30 Bingo w/ Sr. Center Move It or Lose It Java Music Club Afternoon Movie & Popcorn	Daily Chronicle Brandi & Cathy Hour Banjo Jamboree w/ Ralph Maria's Place Activity Tricks with Katee	
24/31	25	26	27	28	29	30
 Joni's Birthday	Newsflash w/ Joni Move It or Lose It Manicure Monday Halloween Crafts Pattern Tiles Toe Tappin' Tunes w/ Beth	What's In The News Good Morning Stretches Ukulele Sing-Along 1pm Ballads w/ Beth Music Bingo Halloween Movie	Breaking News Move It or Lose It Java Music Club Lovin' on Lincoln Whiteboard Games Decorate Pumpkins	Good News Network 30 Min. Chair Exercises 10:30 Bingo w/ Sr. Center Memories in the Making Chair Chi Assemble Goodie Bags	Current Events & Java Banjo Jamboree w/ Ralph 5th Annual! "Howl"oween Dog Pawrade November Calendar Crafts	