






JULY

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DayBreak - An Adult Day Program 404 N. State Highway 67 Woodland Park, CO 80863 719-687-3000				1	2	3
				Current Events 10:30 Sr. Center Bingo 2:00 Chair Chi 3:00 Golden Moments & Patriotic Sing- Along w/Amanda 4:00 Maria's Place Activity	CLOSED 	AM - Snack Noon - Lunch PM - Snack
4	5	6	7	8	9	10
 Happy 4th of July	CLOSED 	Newsflash w/ Coffee/Tea 10am Good Morning Stretches 11am Memories in the Making w/ Amanda 2pm Play Cards/Uno	ELDERLYMPICS 2021 Begins 10:00am -Opening Ceremony -Pictures of Participants 1st Event: Bean Bag Toss 2pm Lovin' on Lincoln	Creative Forecasting 10:30 Sr. Center Bingo 2:00 Move It or Lose It 3:00 Java Music Club 4:00 What's in the Bag	9am Cathy & Brandi 10am Banjo Jamboree with Ralph 1pm Tricks w/ Katee 2pm: ElderLympics 2021 2nd Event: Bowling	
11	12	13	14	15	16	17
	10:30am Tunes w/ Ted 11am: ElderLympics 2021 3rd Event: History of the Olympics Footcare Nurse Comes 2pm Afternoon Cards	Newsflash with coffee/tea 10am Wake Up and Move 11am Ukulele Sing-Along w/ Amanda 2pm Alphabet Bean Bag 3pm Pictures & Tiles	Creative Forecasting 10am: ElderLympics 2021 4th Event: Water Color Olympic Rings & Windsock Craft 12:30 DayBreak Derby 2pm Lovin' on Lincoln	Current Events 10:30 Sr. Center Bingo 2:00 Chair Chi 3:00 DayBreak Ringers 4:00 Afternoon Movie & Popcorn	9am Cathy & Brandi 10am Banjo Jamboree with Ralph 1pm Tricks w/ Katee 2pm: ElderLympics 2021 5th Event: Ring Toss	
18	19	20	21	22	23	24
	Creative Forecasting 10:30am Tunes w/ Ted 11am: ElderLympics 2021 6th Event: Top 50 Olympic Athletes 2pm Pictures & Tiles	10am Good Morning Stretches 11am Java Music Club 2pm Make and Enjoy Ice Cream Sodas 3pm Play Cards/Uno	Creative Forecasting 10am: ElderLympics 2021 7th Event: Flag/Hand Wreath 12:30 DayBreak Derby 2pm Lovin' on Lincoln	10am Field Trip to The Pantry to watch Ted play and have lunch 2:00 Move It or Lose It 3:00 Memories in the Making 4:00 Maria's Place Activity	9am Cathy & Brandi 10am Banjo Jamboree with Ralph 1pm Tricks w/ Katee 2pm: ElderLympics 2021 8th Event: Ladder Ball	
25	26	27	28	29	30	31
All activities are subject to change with little or no notice	10:30am Tunes w/ Ted 12pm: ElderLympics 2021 9th Event: Decorate Olympic Style Cookies & eat for dessert 2pm Afternoon Cards	Newsflash with coffee/tea 10am Wake Up and Move 11am DayBreak Ringers w/ Amanda 2pm Pictures & Tiles	Creative Forecasting 9:30am: ElderLympics 2021 10th Event: Field Trip to the Colorado Springs Olympic Training Center 2pm Lovin' on Lincoln	10:30 Sr. Center Bingo 2pm Chair Chi 3pm Ukulele Sing-Along w/ Amanda 4:00 Afternoon Movie & Popcorn	9am Cathy & Brandi 10am Banjo Jamboree 1pm Tricks w/ Katee 2pm: ElderLympics 2021 -Closing Ceremony -Group Picture	