



FEBRUARY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	Ground Hog Day 2	3	4	5	6
	Welcome Back! Extra, Extra, Read All About it Monday Manicures 1:00 Tricks w/ Katee White Board Fun	Good News Morning Stretches Java Music Club 1:00 Tickling the Ivories w/ Beth Ground Hog Trivia	30 Minute Exercises Morning Java Chair Chi DayBreak Ringers Afternoon Card Games	Wake Up w/ Coffee or Tea News Flash 10:30 Bingo w/ Senior Center Move It or Lose It Ukulele Sing-Along	Current Events Super Bowl Trivia Senior Link Fun 1:00 Strumming Banjo w/ Ralph Afternoon Movie	
Super Bowl 7	8	Nat'l. Pizza Day 9	10	11	Abe Lincoln's Bday 12	13
	Morning Coffee & Current Events Monday Manicures 1:00 Tricks w/ Katee Bingo	Coffee & The News February Facts Memories in the Making 1:00 Ballads w/ Beth Whiteboard Activity	News Flash Morning Stretches Java Music Club Creative Forecasting	Extra, Extra, Read All About it Morning Java 10:30 Bingo w/ Sr. Center Chair Chi DayBreak Ringers	News Flash Chair Exercises Whiteboard Fun 1:00 Banjo w/ Ralph Valentine's Day Activity	
Valentine's Day 14	President's Day 15	16	17	18	19	20
	Current Events Morning Stretches Monday Manicures 1:00 Tricks w/ Katee President Trivia	Breaking News Morning Java Move It or Lose It Ukulele Sing-Along 1:00 Merry Melodies w/ Beth Creative Forecasting	Good News Network Chair Chi DayBreak Ringers Music Bingo Afternoon Virtual Tour	Extra, Extra, Read All About it Morning Stretches 10:30 Bingo w/ Senior Center Java Music Club	News Flash 30 Minute Exercises Music Bingo 1:00 Banjo Jams w/ Ralph Time to Laugh	
Nat'l Caregivers Day 21	George Washington Bday 22	23	24	25	Tell a Fairy Tale Day 26	27
	News Flash 30 Minute Exercises Monday Manicures 1:00 Tricks w/ Katee White Board Fun	Good News Network Morning Stretches Java Music Club 1:00 Toe Tapping Tunes w/ Beth Card Games	Creative Forecasting Move It or Lose It Ukulele Sing-Along Music Bingo Trivia & Treasures	What's in the News Move It or Lose It February Trivia Fun 10:30 Bingo w/ Sr. Center Memories in the Making	Morning News Chair Exercises White Board Fun 1:00 Banjo w/ Ralph March Calendar & Craft	
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	All activities are subject to change with little or no notice	AM Snack Lunch- Noon PM Snack	DayBreak - An Adult Day Program 404 N. State Highway 67 Woodland Park, CO 80863 www.daybreakadp.com			

